## **INITIAL SPORTS AFTER SCHOOL NETBALL CLUB**

We are holding a netball/ball skills sports club at your school, open to both girls and boys of all abilities. The main target of our coaching is to encourage the children to have fun, whilst developing individual capability, confidence, co-ordination, social skills, and fitness. This helps to promote a healthy lifestyle in a happy, safe, professional environment with the children benefiting from fun regular exercise.

All our coaches are dedicated, enthusiastic, first aid trained and have relevant CRB checks.

Sessions involve; Fun warm ups - Skills and Drills - Match - Player of the Day

Places at the after school club are limited and are strictly on a first come first serve basis. Any <u>unsuccessful</u> applicants due to over subscription will be contacted.

Venue: Cheapside Primary School

Dates & Costs: Thursdays 14th January – 17th March

For the  $\underline{\text{FULL}}$  term = £47.25 Please make payment to **Initial Sports**; Electronic transfer Account details; Initial Sports, Sort Code 20-02-53, Account No 50102458 / Cash or cheque

(Please state school and child's name as reference) and return to the school

office to secure your place.

Time: Thursdays straight after school until 4.15pm

Kit Needed: T-shirt, shorts/joggers, socks and trainers. (Please note we do take place in all

weather, so ensure warm, waterproof clothing). Always remember a drink.

Name: Address: DoB: Year Group: Telephone: E-Mail: **Emergency Contact Number:** Medical History: Medical allergies/conditions: If your child suffers with asthma please ensure they always have their inhalers. I acknowledge and accept the organisers and their respective servants, agents or employees of this activity, are not liable for any loss, damage of property or injury whilst attending this activity. I hereby authorize the staff of initial sports to give consent for necessary medical treatment on my behalf should my child require this in an emergency situation. I further authorise the staff to institute appropriate first aid measures in the event of illness or injury. Please find enclosed cash/cheque/electronic transfer for the sum of £ for the full term. Signature Parent/Guardian: Date:

If any queries/questions please contact;

Niki Kelly niki@initialsports.co.uk Tel: 0790 5725974 www.initialsports.co.uk